

This form must be signed by the parent/guardian and athlete prior to participation. If you have any questions you may call 459-3773.

Name of Athlete: \_\_\_\_\_

# 2017 Girls Softball Grades 4K-9

## All grades refer to current (2016-17) school year

Registration Deadline - Wednesday, April 26

### Parent & Athlete Concussion Information Sheet

Reformatted from the Center for Disease Control's Heads Up Concussion in Youth Sports Program

A concussion is a type of traumatic brain injury that changes the way the brain normally works. A concussion is caused by bump, blow, or jolt to the head or body that causes the head and brain to move rapidly back and forth. Even a "ding," "getting your bell rung," or what seems to be a mild bump or blow to the head can be serious.

#### WHAT ARE THE SIGNS AND SYMPTOMS OF CONCUSSION?

Signs and symptoms of concussion can show up right after the injury or may not appear or be noticed until days or weeks after the injury. If an athlete reports one or more symptoms of concussion listed below after a bump, blow, or jolt to the head or body, s/he must be kept out of play the day of the injury and until a health care professional, experienced in evaluating for concussion, says s/he is symptom free and it's OK to return to play.

#### Signs Observed by Coaching Staff

- Appears dazed or stunned
- Is confused about assignment or position
- Forgets an instruction
- Is unsure of game, score, or opponent
- Moves clumsily
- Answers questions slowly
- Loses consciousness (even briefly)
- Shows mood, behavior, or personality changes
- Can't recall events *prior* to hit or fall
- Can't recall events *after* hit or fall

#### Symptoms Reported by Athletes

- Headaches or "pressure" in the head
- Nausea or vomiting
- Balance problems or dizziness
- Double or blurry vision
- Sensitivity to noise
- Feeling sluggish, hazy, foggy or groggy
- Concentration or memory problems
- Confusion
- Just not "feeling right" or "feeling down"

#### CONCUSSION DANGER SIGNS

In rare cases, a dangerous blood clot may form on the brain in a person with a concussion and crowd the brain against the skull. An athlete should receive immediate medical attention if after a bump, blow, or jolt to the head or body s/he exhibits any of the following danger signs:

- One pupil larger than the other
- Is drowsy or cannot be awakened
- A headache that not only does not diminish, but gets worse
- Weakness, numbness, or decreased coordination
- Repeated vomiting or nausea
- Slurred speech
- Convulsions or seizures
- Cannot recognize people or places
- Becomes increasingly confused, restless, or agitated
- Has unusual behavior
- Loses consciousness (even a brief loss of consciousness should be taken seriously)

#### WHY SHOULD AN ATHLETE REPORT THEIR SYMPTOMS?

If an athlete has a concussion, his/her brain needs time to heal. While an athlete's brain is still healing s/he is much more likely to have another concussion. Repeat concussions can increase the time it takes to recover. In rare cases, repeat concussions in young athletes can result in brain swelling or permanent damage to their brain. They can even be fatal.

#### WHAT SHOULD YOU DO IF YOU THINK YOUR ATHLETE HAS A CONCUSSION?

If you suspect that an athlete has a concussion, remove the athlete from play and seek medical attention. Do not try to judge the severity of the injury yourself. Keep the athlete out of play the day of the injury and until a health care professional, experienced in evaluating for concussion, says s/he is symptom-free and it's OK to return to play.

Rest is key to helping an athlete recover from a concussion. Exercising or activities that involve a lot of concentration, such as studying, working on the computer, or playing video games, may cause concussion symptoms to reappear or get worse. After a concussion, returning to sports and school is a gradual process that should be carefully managed and monitored by a health care professional.

For further information go to [www.sheboyganrec.com](http://www.sheboyganrec.com) and click on "Youth Programs."

#### PARENT/GUARDIAN AGREEMENT STATEMENT

I have read the Concussion Awareness Information and I agree that if it appears that my child may have sustained a concussion or head injury that he/she is to be removed from any program activity until such time that a trained medical professional can examine him/her and approve their return to play in the activity, pursuant to Section 118.293 Wisconsin Statutes relating to concussions and other head injuries. In such case, I understand that I am to provide a written clearance from a trained medical professional for my child to return to play in the activity.

*I have read and fully understand this statement regarding concussions.*

NAME OF PARENT OR LEGAL GUARDIAN (please print) \_\_\_\_\_

SIGNATURE OF PARENT OR LEGAL GUARDIAN: \_\_\_\_\_ DATE: \_\_\_\_\_

#### ATHLETE AGREEMENT STATEMENT

I have read the Concussion Awareness Information and I agree that if it appears that I may have sustained a concussion or head injury that I am to be removed from any program activity until such time that a trained medical professional can examine me and approve my return to play in the activity, pursuant to Section 118.293 Wisconsin Statutes relating to concussions and other head injuries. In such case, I understand that I am to provide a written clearance from a trained medical professional for me to return to play in the activity.

*I have read and fully understand this statement regarding concussions.*

NAME OF ATHLETE (please print) \_\_\_\_\_

SIGNATURE OF ATHLETE: \_\_\_\_\_ DATE: \_\_\_\_\_



#### How to Register Online

- Go to <https://apm.activecommunities.com/sheboyganrec/Home>
- Any credit card accepted

**Youth Softball Purpose...Let the Kids Have Fun!**  
To give all interested youth an opportunity to learn the **FUN**damentals of softball.

#### Volunteer Coaches Needed

If you are interested in providing guidance for your daughter's softball experience, and are willing to abide by the department's philosophy and policies, please sign up on the registration form. Parent involvement as volunteer coaches is essential.

Questions, call 459-3773.

Non-profit Organization  
U.S. Postage Paid  
Permit #576  
Sheboygan WI 53081



Sheboygan Area School District  
830 Virginia Avenue  
Community Recreation Department  
607 S. Water Street  
Sheboygan, WI 53081



# 2017 Girls Softball - Grades 4K-9

All grades refer to current (2016-17) school year



## 2017 Sheboygan Community Recreation Department Softball Player Registration Form - Grade 4K- Grade 9

Player's Name \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ Zip Code \_\_\_\_\_

Home Phone \_\_\_\_\_ Other Phone(s) (cell, work) \_\_\_\_\_

School Attending \_\_\_\_\_ Birthdate \_\_\_\_\_ Current (2016-17) Grade \_\_\_\_\_

Medical problems coaches should be aware of? \_\_\_\_\_

Parent's Names & Parent's Birthdate(s) \_\_\_\_\_

E-mail address (please print) \_\_\_\_\_

### For Grades 3-Grade 9 returning players:

I wish to play with the same group as last year. Yes \_\_\_\_\_ No \_\_\_\_\_

Name of last year's coach and/or team \_\_\_\_\_

I would like to play, but understand that it is NOT guaranteed, on a team with the following friends \_\_\_\_\_

### For 4K and 5K only...PLEASE CIRCLE CODE #:

<b>4K:</b>	<b>6272</b> Mon/Wed 5:30 PRRC	<b>6271</b> Mon/Wed 6:45 PRRC	<b>6269</b> Tues/Thurs 5:30 OPT	<b>6270</b> Tues/Thurs 6:45 OPT	<i>If you wish to have your 4K, Kindergarten or Grade 1 child be on the same team with a friend please work together with the other parent and sign up for the same code number.</i>
<b>5K:</b>	<b>6275</b> Mon/Wed 5:30 OPT	<b>6276</b> Mon/Wed 6:45 OPT	<b>6273</b> Tues/Thurs 5:30 PRRC	<b>6274</b> Tues/Thurs 6:45 PRRC	
<b>Grade 1 Pioneer:</b>	<b>6277</b>				

**LIABILITY INFORMATION:** You should be aware that Recreation programs involve an element of risk or danger for all participants and may cause serious injury, death or property loss. The Sheboygan Area School District Community Recreation Department does not provide nor cover any medical or hospital insurance for participants in our programs. The cost of the ambulance and other medical expenses shall be the parents' responsibility. All persons participating in Community Recreation Department sponsored activities must provide their own insurance and assume risk of all injuries. I have read and understand this liability information.

**SEE BACK OF FORM FOR CONCUSSION INFORMATION AND SIGNATURES NEEDED → → →**

PARENT/GUARDIAN SIGNATURE \_\_\_\_\_ DATE \_\_\_\_\_

### COACHES NEEDED

I am interested in making this program a success by **volunteering as a coach** of my child's team. I understand that signing here will automatically assign me to my child's team, pending the background check.

Name \_\_\_\_\_ Date of Birth \_\_\_\_\_ Phone(s) \_\_\_\_\_

E-mail address (please print) \_\_\_\_\_

### Fee and Refund Policy

- Make checks payable to the Community Recreation Department.
- Residents of the Sheboygan Area School District living in Cleveland, Mosel or Centerville **add** an additional \$3.00 to the resident fee.
- **Refunds:** Before the program begins you will receive a full refund minus \$2.00 service fee. If you cancel prior to the second half of the program you will receive a 50% refund minus \$2.00 service fee. No refund will be given after the start of the second half of the program.

Fee Paid- Office Use				
K	K Late	Grade1-9	Grade 1-9 Late	Other _____
\$17.00/\$20.00	\$21.00	\$26.00		
Cash	Check	Credit	Rec'dby _____	Date _____

- Gr 1 6277
- Gr 2 6278
- Gr 3 6279
- Gr 4 6280
- Gr 5 6281
- Gr 6 6282
- Gr 7 6283
- Gr 8 6284
- Gr 9 6285

Register online **OR** complete this form & return to the Recreation Department by **WEDNESDAY, APRIL 26.**

Make checks payable to Community Recreation Department, 607 S. Water St., Sheboygan, WI 53081.

Office Hours: Monday through Friday, 8:00 am to 4:30 pm (Memorial Day to Labor Day Friday Hours 7:30 am to 1:00 pm)

## 4 & 5 year old Kindergarten

### Coed Boys & Girls Instructional Softball/Baseball

- Coed teams are formed with emphasis being placed on fundamentals, skill development and non-competitive game play.
- If you wish to have your child on the same team with a friend please work together with the other parent and sign up for the same code number.
- Keep track of your selection and report to site at the appropriate date and time. You may not be contacted in advance by a coach or reminded by the Rec. Dept.
- Volunteer leaders are needed-sign bottom of form if interested.
- A coaches meeting will be held on Thursday, May 25 at 6:00 pm.\*

### SITE CHOICES:

Southside: Optimist Park, Carmen Avenue

Northside: Pigeon River Recreation Center (PRRC), 3506 N. 21st St.

## 4 year old Kindergarten

(4 yr. old Kindergarten in 2016-17 school year, not ENTERING 4K-Kindergarten)

**Fee:** \$17.00 resident (\$20.00 after April 26);  
\$26.00 Non-resident (\$29.00 after April 26)

Mon & Wed June 12-July 19 5:30-6:30 pm PRRC = Code 6272  
 Mon & Wed June 12-July 19 6:45-7:45 pm PRRC = Code 6271  
 Tues & Thurs June 13-July 20 5:30-6:30 pm Optimist Park = Code 6269  
 Tues & Thurs June 13-July 20 6:45-7:45 pm Optimist Park = Code 6270

## Kindergarten (5 year old)

(Kindergarten in 2016-17 school year, not ENTERING Kindergarten)

**Fee:** \$17.00 resident (\$20.00 after April 26);  
\$26.00 Non-resident (\$29.00 after April 26)

Mon & Wed June 12-July 19 5:30-6:30 pm Optimist Park = Code 6275  
 Mon & Wed June 12-July 19 6:45-7:45 pm Optimist Park = Code 6276  
 Tues & Thurs June 13-July 20 5:30-6:30 pm PRRC = CODE 6273  
 Tues & Thurs June 13-July 20 6:45-7:45 pm PRRC = CODE 6274

## 1st Grade Pioneer League (Coed)

(1st Grade in 2016-17 school year, not ENTERING 1st grade)

**Dates:** June 12 - July 26 - Mondays & Wednesdays

Children in our Pioneer program will begin the season with two sessions of skills and then will move into practice and game play. Each following session will consist of 15 minutes of practice and 45 minutes of game play. Participants will play at a full sized 60' field and will learn the important mechanics of game play and teamwork.

**Time:** Games scheduled between 4:15-8:00 pm  
Detailed schedule after May 25, 5:15 pm coaches meeting

**Site:** Games may be played at both northside and southside sites.

**Fee:** \$21.00 residents (\$26.00 after April 26)  
\$32.00 Non-resident (\$37.00 after April 26)

**Code:** 6277

## Grades 2-9 Girls Fastpitch Leagues

**Fee for Grades 2-9:** \$21.00 residents (\$26.00 after April 26)  
\$32.00 non-residents (\$37.00 after April 26)

Teams will be formed by the Recreation Department, primarily by school and residence. **If possible, teams will remain intact from last year.** Parent involvement as volunteer coaches is essential. **If you receive a letter in the mail that says your team does not have a coach, please call the Recreation Department if you are willing to coach or assist.**

**Grades 2-3** **June 13-July 27, Tuesday & Thursday**  
**Time:** Games scheduled between 4:00-8:00 pm  
*Detailed schedule after May 15 coaches meeting*  
**Sites:** South High/Washington Fields (no site choice)  
**Codes:** Grade 2 = 6278 Grade 3 = 6279

**Grades 4-5** **June 13-July 27, Tuesday & Thursday**  
**Time:** Games scheduled between 4:00-8:00 pm  
*Detailed schedule after May 9 coaches meeting*  
**Site:** Washington Fields, South High Fields, Kuehne Court  
**Codes:** Grade 4 = 6280 Grade 5 = 6281

**Grades 6-9** **June 12-July 26, Monday & Wednesday**  
**Time:** Games scheduled between 4:00-8:00 pm  
*Detailed schedule after May 9 coaches meeting*  
**Site:** North High School  
**Codes:** Grade 6 = 6282 Grade 7 = 6283 Grade 8 = 6284 Grade 9 = 6285

## When will I hear about my child's team & schedule?

You should hear from your child's coach after the coaches meeting listed below. Rosters, schedules, shirts and equipment are distributed at the meeting. **All meetings are held at the Rec. Dept. office.** *If there is no coach you will receive a letter from the Rec. Dept. (Grades 2-9).*

Grades 4 thru 9..... Tuesday, May 9, 5:15-6:30 pm  
 Grades 2 & 3..... Monday, May 15, 5:15-6:30 pm  
 Grade 1..... Thursday, May 25 5:15-6:30 pm

\*Grade K coaches will meet on Thursday, May 25 at 6:00 pm  
However not all teams will have a coach so if you do not hear from a coach simply report to the site at the appropriate date and time you selected.

These are *Coaches Meeting* dates. It is very important that you *register* your child by the **DEADLINE - WEDNESDAY, APRIL 26.** Registrations accepted **anytime** on or before April 26 @ the Rec. Dept., 607 S. Water Street or online.

## WEATHER CANCELLATIONS:

Call the Rec. Dept. info line at 208-5805 or sign up for text message alerts via **Twitter** when activities have been cancelled  
 Go to [www.sheboyganrec.com](http://www.sheboyganrec.com) for instructions.



**Concussion information on back → → →  
please read and sign the form.  
Registration form not accepted without signatures.**